

## PRESS RELEASE

### *Healthier sleep in metal-free beds*

People recharge their batteries when they sleep and get the energy they need for a fresh start to the next day. A night's rest determines our rhythm, health, ability to perform and even how good we look! No wonder that we spend around a third of our lives asleep. In actual fact the reality is somewhat different. Around 30 per cent of people suffer from sleep disorders and would be very happy to be able to sleep through the night and wake up feeling rested. The right bed can play a role in ensuring healthier sleep. And the body will reward you with good health.

That is why it's important particularly in the bedroom to use natural materials free from pollutants. TEAM 7 is the perfect partner for this. The furniture manufacturer has made a name for itself as an expert in solid wood with the highest sustainable and biological principles. This is because wood in particular best meets the requirements for healthy living and environmentally friendly surroundings. With open pores and treated naturally, it is free from harmful substances and ensures the perfect indoor climate. Solid wood absorbs moisture and then slowly releases it into the air again. Its warm, natural radiance provides a feeling of comfort. „Your own bed should be a relaxing retreat for recharging your batteries,“ says TEAM 7's Managing Director and owner Georg Emprechtinger with regards to the requirements for a bed. „Being surrounded by natural and healthy materials is the best thing for the human body.“

This is why TEAM 7's beds are all manufactured entirely metal-free. This involves a lot of handicraft skills: the individual models are produced with no metal involved at all thanks to sophisticated, intelligently designed wooden constructions. Perfect conditions for healthy sleep. Another practical advantage: the wooden joints can be loosened easily at any time and then reconnected, making the beds perfectly suited for moving.



This and other press releases and photos are available for download at [www.team7.at](http://www.team7.at)

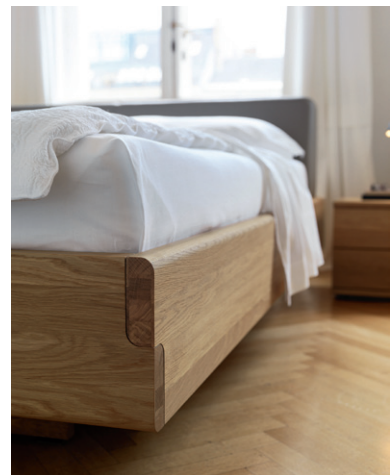
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# TEAM 7

The details are also worth a look. They demonstrate handcrafted perfection and a true love for wood. Whether concave mouldings formed from solid wood as joints between the headboard and bed, consoles that are fastened exclusively via traditional wooden joints or an artistic headboard from pure solid wood – this involves passion for the material, craftsmanship and sustainability. Combined with a premium mattress system also made from environmentally friendly materials, the solid wood beds provide maximum comfort and ensure the best conditions for a good night's rest and healthy sleep. Ergonomically sophisticated right down to the very last detail, the TEAM 7 sleeping system meets any individual's needs: it actively relieves the spinal column and thereby promotes relaxing sleep and regeneration of the body.



Images: TEAM 7

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