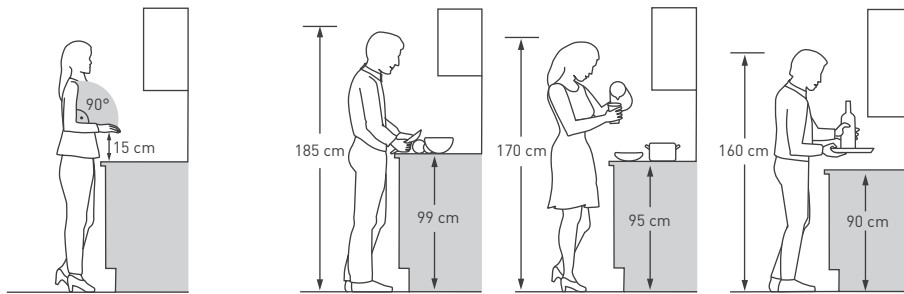


ERGONOMICS

Ergonomics has the highest priority in TEAM 7 solid wood kitchens. Individualised layout options and our made-to-measure, made-to-order production means we can fit your kitchen perfectly to your ergonomic needs.

height chart

Find your ergonomically optimal working height by bending your elbows to 90 degrees and measuring 15 cm downwards.

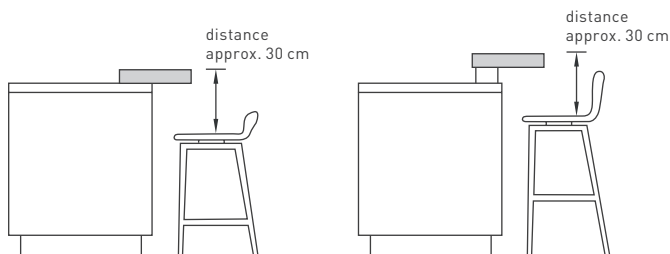


your height	working height
150	80
155	85
160	90
165	90
170	95
175	95
180	95
185	99
from 190	99

source: AMK

counter and bar height

For a comfortable sitting position set the bar height approximately 30 cm above the seat height of your bar stool.



k7 kitchen island

Most comfortable working conditions for every activity – thanks to the infinitely height-adjustable worktop.

